

VICTORIA HUTCHINSON & CO

Hair Extensions Aftercare Sheet

Your First Time

- After the installation of your hair extensions do not wash your hair for at least 2-3 days. This allows the extensions to settle and if bonded, the bonds to fully harden. The longer you wait, the better it is for the longevity of the extensions.
- Tie your hair back in a loose ponytail or plait using a soft scrunchie for bed. Never wear your extensions for longer than 3 months continuously as during this time your hair will have grown by approx 1.5 inches, the roots of your hair often start to tangle together. Not only this but the extensions will be on thinner sections due to the hair naturally shedding which causes tension and heavy weight causing the hair to fall out.
- The first thing you may notice after your hair extension installation is that for a few days your scalp may feel tender and sore, this is normal and will pass and not a sign of a problem but just the added weight of the extension hair, if this does persist for longer than a few days this could be a result of the extensions been fitted too tightly in which case you would need to get this checked.
- Please Note:- Lighter Shades have a bleach content therefore will not last as long in life span as non-bleached hair. The lighter shades will need extra care and less heat application to increase the lifespan this also applies to shades in the crazy colour shades as they are more prone to fading than other shades as they are done on to a bleach base.

The Washing Process

- Wash your hair 2-3 times a week with Beauty Works aftercare products. Excess washing and styling will damage the cuticle and decrease the lifespan of your hair extensions.
- Wash and condition your hair extensions with Beauty Works Pearl Nourishing Argan Shampoo and Conditioner – let the conditioner sit and soak into your hair extensions before rinsing. When conditioning, avoid putting product on the root area and thoroughly rinse to avoid build-up. Lock in moisture and ensure your hair extensions are truly nourished by applying a small amount of the Beauty Works Argan Serum to dry or wet hair.
- Keep hair protected from heated appliances by using the Beauty Works Heat Protection Spray on both dry or wet hair extensions.
- Nourish and revitalise dry hair extensions with the Beauty Works Pearl Nourishing Argan Oil Mask to restore shine and softness, gently comb through wet hair focusing on mid-lengths and the ends – do this as often as needed.
- When washing your hair, do not tip your head over the bath as this could cause tangling – always wash with your head upright – in the shower is ideal.

The Drying Process

- Before detangling we advise you to use a leave in conditioning spray. Follow by detangling with a wide tooth comb, making sure you avoid the roots. Make sure all roots are dried completely. For a sleek finish, section your hair off and blow dry using a round brush with soft bristles.
- Heated Rollers, Straightening Irons, crimpers and tongs can all be used on the extension hair although it is advisable to use a Heat Protection Spray to protect the both your hair and the

extension hair. Serums, gels, hairsprays, etc may all be used but avoid the bonded areas as this may cause slippage.

How to Brush

- Remember your extensions are attached to your own natural hair, pulling too hard or mistreating your extensions can result in your own hair being pulled out. The only brush you should use near to your extension bonds is an extension brush. When brushing the extensions always hold the bonds, making sure no additional stress is put on the hair.

Your Lifestyle

- If you use a sun bed it is advisable to wrap the hair in a towel first. Sun beds can dry out the hair and melt the bonds. If you work out regularly or have regular use of a sauna or steam room make sure the bonds are completely dried as soon as possible after your session – leaving the bonds in a constant damp environment could cause them to deteriorate.
- We do not advise getting Hair Extensions if you are pregnant or for one year after having a baby.
- We do not advise that you swim when wearing extensions as prolonged water exposure especially with chemicals may weaken the bonds. Chlorine in pools and salt in the sea combined with heat can also cause the extension hair to discolour, deteriorate in condition and matt.
- Correct aftercare is just as important as fitting the extensions correctly. Many people try to save money on aftercare by watering down regular shampoo's /conditioners etc to "make do" which can have really disastrous results such as dryness, matting and dullness in the extensions.
- Many manufacturers have tried and tested many methods before settling on a range of aftercare for their human hair extensions range, this is done to ensure that the extensions get exactly the right balance of products whilst also maintaining your own natural hair at the same time.
- Hair extensions are a great way to change your look but they do require some maintenance and care. Once you have had your extensions fitted your stylist will guide you through how best to look after your new hair. Hair extensions often cost a lot of money and can take a while to attach, so it is in your interest to look after them properly.
- It is important to only use a shampoo and conditioner recommended for hair extensions. This is because many of the standard high street brands contain high volumes of sodium chloride (salt) which will dry out your hair and silicone based ingredients which can cause the bonds to weaken and break down. Loose bonds will cause the extensions to fall out – so either way it is a lose – lose situation.
- If you have invested in high quality human hair extensions then you are able to style your extensions in the same way as you would your normal hair. You can straighten, curl, blow dry, dye in anyway you want.
- It is advisable to have a maintenance appointment a month after you've had your extensions fitted to make sure everything is going well. This should be organised with your stylist.
- Next time you are thinking of cutting costs on aftercare the simple answer is DON'T
- Wear a hat in the sun where possible or use a UV protection spray for your hair as UV rays will discolour hair extensions.
- Be aware that tongs, hair irons and heated rollers can be used on your hair extensions, however it is advisable to minimise the use of heated tools where possible as they will cause damage to your hair extensions (and your own hair), and never apply heat to the hair over 180°C.
- The lifespan of your hair extensions will depend on the aftercare. We don't guarantee a definitive lifespan on any type of hair extensions due to them being a natural consumable product.

- We don't recommend silver shampoos and toners as they can damage the cuticle which will affect the lifespan of your hair extensions. We also don't recommend colour on hair extensions; any colouring of extensions is done entirely at your own risk.
- Take care of your hair extensions as you would your own natural hair and remember that like your natural hair, your extensions can be easily damaged with too much heat. Using heat on hair extensions will reduce their lifespan.

Beauty Works Guarantee

Please note: we only recommend beauty works aftercare products.

- Hair will only be considered for a return if it is within 30 days of purchase. Any issues noted after this 30 day period will not be considered.
- We will only accept back professionals extensions with signed consultation card proving you have adhered to recommend aftercare advice.